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## PAAC State Championships Relay Policy

GOOD

SPORTS

A committee of 3 will be formed by the Club Management Committee to select and organise the day.

- 1. Athletes will be notified 4 weeks prior to selection that nominations are open
- 2. When possible, selections to be made at least 2 weeks prior to the Relay State Championships to allow at least 2 training session and where possible, teams enter at Interclub as a practice.
- 3. Only registered athletes are to be considered for selection.
- 4. Only athletes who have competed at an ASA Interclub in a relevant event in the current season, will be considered for selection.
- 5. Selection will be based on merit with current season performances given weight over personal bests.
- 6. Availability for training or running relays at Interclub may also be taken into consideration for selection.

Implemented in 2018 Revised January 2019 Revised July 2021



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